



ACCREDITED
**HIGH PERFORMANCE
COACH**

ACCREDITATION

This is to certify that

BEN GATHERCOLE

TA58920

COACH [PROFESSIONAL]


holds accreditation as

HIGH PERFORMANCE COACH

2017/18

Accreditation achieved: 20 January 2000

Valid to: 30 June 2018



National Manager - Coaching Pathways



Australian Government
Australian Sports Commission





ACCREDITED HIGH PERFORMANCE COACH

TRAINING PROGRAM MODULES

BEN GATHERCOLE

has successfully completed all requirements of the High Performance Coach Training Program including the following modules

HPERF-001	THE ROLE OF THE HIGH PERFORMANCE COACH
HPERF-002	RISK MANAGEMENT AND THE HIGH PERFORMANCE COACH
HPERF-003	DEVELOPING AND MANAGING AN EFFECTIVE SUPPORT TEAM [HP]
HPERF-004	COMMUNICATION AND DEALING WITH THE MEDIA
HPERF-005	INFORMATION TECHNOLOGY AND THE HIGH PERFORMANCE COACH
HPERF-006	LONG TERM PLANNING, PERIODISATION AND PROGRAMMING
HPERF-007	PERFORMING IN EXTREME ENVIRONMENTS
HPERF-008	GAINING THE MENTAL EDGE IN COMPETITION
HPERF-009	NUTRITIONAL STRATEGIES FOR SPECIFIC TRIATHLON EVENTS
HPERF-010	ANTI-DOPING [HIGH PERFORMANCE]
HPERF-011	SWIMMING FOR TRIATHLON [HIGH PERFORMANCE]
HPERF-012	CYCLING FOR TRIATHLON [HIGH PERFORMANCE]
HPERF-013	RUNNING FOR TRIATHLON [HIGH PERFORMANCE]
HPERF-014	TRANSITION SKILLS [HIGH PERFORMANCE]
HPERF-015	RULES AND REGULATIONS FOR HIGH PERFORMANCE COACHES
HPERF-016	TRAVELLING, TRAINING CAMPS AND COMPETITIVE TOURS [INTERNATIONAL]
HPERF-017	RACE MANAGEMENT STRATEGIES
HPERF-018	HIGH PERFORMANCE TRIATHLON – CURRENT AND FUTURE TRENDS
HPERF-019	MAINTAINING A BALANCED LIFESTYLE - STRESS AND TIME MANAGEMENT
HPERF-020	LEADING A NATIONAL PROGRAM
HPERF-021	COACHING AS A BUSINESS [HIGH PERFORMANCE]
HPERF-022	INDIVIDUAL PROJECT

